

CONFESSIONS OF AN UNDUTIFUL DAUGHTER QUESTIONNAIRE

1. Tell us about you. What year were you born and where does your birth fit in among siblings? Please provide a basic description of your parents/family. Did your family grow through adoption or foster placement?
2. Describe the arc of your academic and professional life to present. What is your current occupation? If you volunteer in your community, how often? Doing what?
3. Describe the relationship with your mother in three segments: as a child, a teen and young adult.
4. How old were you when you first realized your mother was different than other mothers?
5. What is your biggest criticism of your mother?

11. Describe your current relationship with your mother. Given your current levels of contact how are you viewed within your family?

12. Have you ever talked to a therapist about your mother? Was it helpful?

13. Moving forward, do you anticipate any changes in your view of your mother?

14. Do you experience personal guilt, social guilt or remorse about decisions you've made regarding your mother?

15. As your mother ages, do you see yourself having more or less contact? Why?